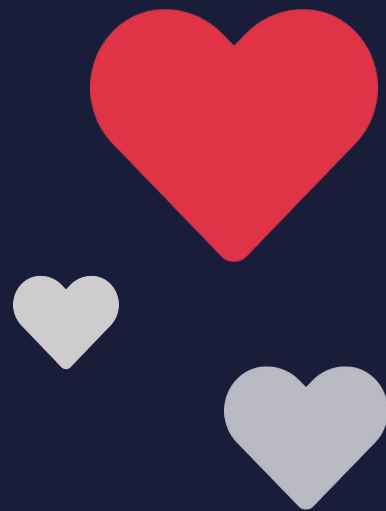




Unique & United:

Postcards for Ukraine



In partnership with **CARE Poland**

A classroom project that invites students to learn about displacement by creating original postcards of love, hope, and togetherness - delivered to refugee families by CARE Poland and Creative Visions.

♥ Grades K–12 · 45–90 minutes · Art + Writing · Submission deadline: June 1, 2026

<https://www.studentsrebuild.org/projects/unique/>

♥ About the Unique & United Project

Every creative submission unlocks grant funding = \$5 toward selected organizations building a more united world (up to \$1M).

WHAT IT IS

The Students Rebuild Unique & United project invites young people everywhere to explore their identities, challenge assumptions, and use their creativity to share a vision for a more connected world.

Students Rebuild is an initiative of Creative Visions that has engaged more than one million students in 80+ countries since 2010, turning classroom art into real-world impact.

1M+ students engaged · **80+** countries



How Postcards for Ukraine Fits In

1

Connects students to a real event

Ukrainian refugee children and families hosted in Poland, supported by CARE, are waiting to feel seen and welcomed.

2

Centers student voice

Students create original postcards of love and togetherness. No two voices are the same, but all together form a movement.

3

Turns art into action

CARE Poland distributes the postcards directly to refugee families.

Why this matters now

Behind the statistics are children your students' age, starting school in a country where many don't yet speak the language.

6M+

Ukrainian refugees still displaced
across Europe

959K

Ukrainian refugees hosted in Poland
— the largest community

1 in 3

Ukrainian refugees are school-age
children

HELPING REFUGEE CHILDREN HEAL THROUGH CONNECTION

A kind note, a drawing made with care, a message from far away: these are small but powerful signals that remind a child they are not alone in the world - that others, somewhere, are thinking of them too.

Meet our partner: CARE Poland

The trusted hands that carry your students' postcards to the people who need to see them.

WHO THEY ARE

CARE is a global humanitarian organization and a long-standing Students Rebuild impact partner. Since Russia's invasion of Ukraine, CARE's Poland office has been on the front lines of the refugee response, supporting mostly women and children who have crossed the border seeking safety.

Through community centers, schools, and family support programs, CARE Poland is already in trusted relationship with the families your students' postcards will reach.

What CARE Poland does with your students' postcards

Receives the submissions

Postcards, letters, and drawings arrive through Students Rebuild's partnership with CARE.

Delivers them with care

CARE Poland's team delivers the postcards to Ukrainian refugee children and families, mostly women and children, through community centers, schools, and family support programs across Poland.

Classroom facilitation

A suggested flow, with adaptations across grade bands.

1 Open

Read a short passage about Ukraine or share a map of Europe. Ground the conversation in care, not fear.

2 Discuss

Use the 5 questions on Slide 7. Invite personal stories of feeling new or welcomed.

3 Create

Give students quiet time to draft. Discuss symbols across cultures. Encourage original symbols over copied imagery.

4 Share

Display the cards in a class gallery. Photograph them. Then share with Students Rebuild and mail to Creative Visions. We will send them to CARE.

ADAPTING ACROSS GRADE BANDS

K-2

Read a picture book about welcoming others. Focus on drawing rather than writing.

3-5

Use the five questions as a journaling activity. Encourage students to find their commonalities with the refugee children.

6-8

Pair research (news article, trusted source) with the making of the card. Have a discussion about the facts and data uncovered by the class.

9-12

Invite students to research and study the work of artists who are/were refugees.

Why postcards and drawings?

A small square of paper can cross languages, borders, and years of hard news.

They carry feeling

A drawing made by a student somewhere else in the world tells a refugee child that someone thought of them.

They cross language

Symbols, such as sunflowers, rainbows, or two hands together can be understood without translation.

They scale kindness

One classroom becomes a mosaic of voices - hundreds of pieces, one message of unity.

SINGULAR ACTS, COLLECTIVE POWER

Each card is its own world, a unique voice, a singular act of care, yet together they form something far greater: a chorus of students around the world telling refugee children that they are seen, that they are not forgotten, and that they do not stand alone.

Thinking about your postcard

Five questions to guide students — use them as warm-ups, journal prompts, or small-group discussion.

1

THE CONNECTION

What do you share with a child from Ukraine? Think about your hopes, fears, favorite things, daily activities? What makes you more alike than different?

2

THE MESSAGE

What message of unity, togetherness, or shared humanity do you want to send? What do you want them to know about you, and about being human together?

3

THE ART

What images or symbols could carry that message? A sunflower, a rainbow, joined hands, a heart?

4

THE STYLE

What medium that feels right for this activity? Drawing, painting, collaging, photography?

5

THE TEXT

On the back, write a personal note. What would you say to a young person you may never meet, but whose life is connected to yours? Keep in mind that some of the recipients may not speak your language, so keep them short.

Postcard Layout

Any size works — we recommend roughly 4" × 6". One art side, one message side.

FRONT

Your art of unity



Any symbol, image, or style

Drawing · painting · collage · photograph · digital design

BACK

Your written message



Tip: Use sturdy paper (cardstock or watercolor paper works well). Photograph finished pieces before sending them and upload them to Students Rebuild. Each postcard shared sparks a \$5 donation to organizations like CARE!

Writing prompts for the back

If students get stuck, offer these starters. They can use one, mix two, or write their own.

“

*You and I are unique, and we are united.
Here's something I think we share ...*

“

Where I live, we say _____ to someone we care about. I wanted you to hear it too.

“

You and I are far apart on the map, but we both _____.

“

Something that makes me, me is _____. I'd love to hear what makes you, you.

“

You are not alone. My whole class made art so you'd know we're thinking of you.

“

We may never meet, but we share the same sky, the same songs in our hearts, and the same hope for tomorrow.

Submitting to Students Rebuild

Every submission unlocks \$5 for organizations building unity - up to \$1 million total.

1 Photograph some of your work!

A clear, well-lit image on a plain background works best. Keep file size under 5MB each.

2 Visit studentsrebuild.org/unique

Sign up (or sign in) and start a new submission for the Unique & United project.

3 Upload and share the impact

Enter the number of students involved, upload images, and submit. Celebrate the total with your class.

THE IMPACT

\$5

per submission, up to \$1 million, goes directly to nonprofits empowering youth and building bridges, which includes CARE!

Deadline: June 1, 2026

Mail the originals

Once submitted online, mail the physical artwork to us. We will hand them to CARE Poland to deliver.

WHY MAIL THE ORIGINALS

The online upload unlocks the \$5 donation per card or youth engaged. Mailing the physical artwork is what places it into a child's hands.

Send your class's postcards, letters, and drawings to the Students Rebuild team at Creative Visions in Malibu. From there, we hand-off to CARE, who delivers them to Ukrainian refugee children and families through CARE Poland's programs.

MAILING ADDRESS

Address your envelope to:

Students Rebuild

c/o Creative Visions
18820 Pacific Coast Highway, Suite 201
Malibu, CA 90265

Tip: A flat envelope or padded mailer keeps artwork safe in transit. Mail by June 30th, 2026.



Each of us is unique.

Together, we are united.

Every piece of art your students make is a small but real answer to the question, "What holds us together?" Together, with CARE Poland and Students Rebuild delivering each card into the hands of a Ukrainian child or family, your students' creativity adds up to something much larger: a classroom, a community, and a world that is both Unique and United.